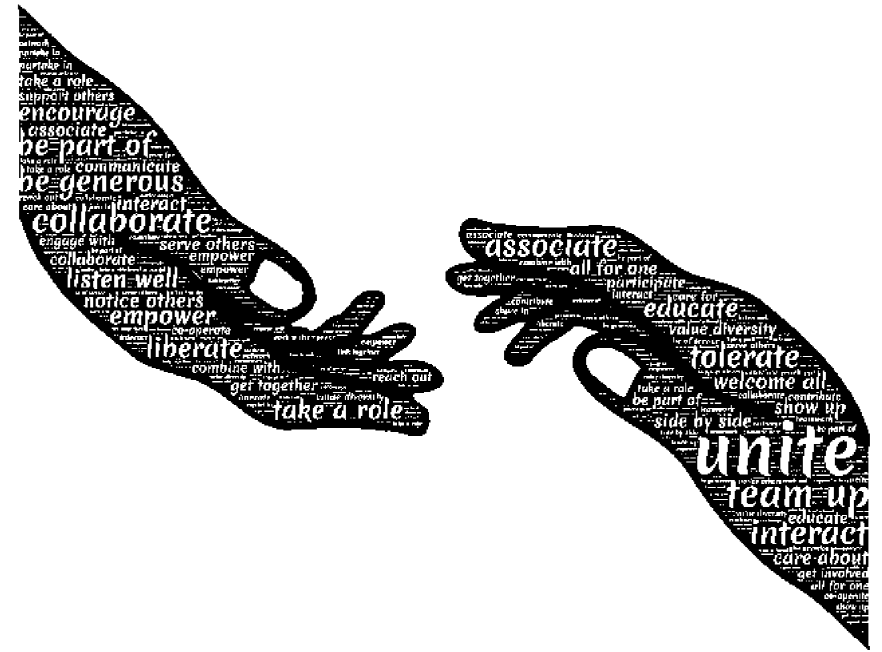


17. If a friend or someone you know is having suicidal thoughts offer to drop everything and be present with them
18. Organize a stoop or porch sale
19. Engage in play with others as a gateway to imagining other worlds
20. Slow down



Read the full guide:



<https://archive.org/details/20-things-to-do-when-your-gov-breaks>

- 1. Focus on your one-on-one relationships**
- 2. Make soup for people**
- 3. Build a support network (neighbors, coworkers, friends, church, clubs)**
- 4. Buy, gather, or otherwise obtain Plan B and other contraceptives**
- 5. Write letters to people in prison and detention**
- 6. Make art and display it in public**
- 7. Take concrete steps to build relationships beyond borders – whether those borders are at home or abroad**
- 8. Learn new skills, share them, and help others learn new skills**
- 9. Feel your emotions**

- 10. Learn about and begin to practice alternative ways of planning for groups and making group decisions**
- 11. Gather and distribute free N95/KN95 masks and COVID tests**
- 12. Start a study group to learn about resisting oppression & find inspiration in those stories**
- 13. If you care for a child or children create a mutual aid group (childcare, diapers, formula, advice)**
- 14. Revive the mutual aid funds/networks that used to keep marginalized or immigrant communities afloat**
- 15. Take time to mourn your losses and grieve your dead**